

# Hearts And Flowers

**Count:** 32    **Wall:** 4    **Level:** Beginner  
**Position:** Single Dance - Line  
**Choero:** Adrian Churm  
**Music:** **Hearts And Flowers** - Dave Sheriff

## Heel Digs (2x), Coaster Step - right & left

1,2 R Heel Touch forward 2 x  
3&4 R Step back, L Step close, R Step forward  
5,6 L Heel Touch forward 2 x  
7&8 L Step back, R Step close, L Step forward

## Shuffles forward right & left, Rock Step, ½ Shuffle Turn back right

1&2 R-L-R Shuffle forward  
3&4 L-R-L Shuffle forward  
5,6 R Rock Step forward, L Recover  
7&8 R-L-R ½ Shuffle Turn back right

## ½ Shuffle Turn forward right, Coaster Step, Charleston Steps

1&2 L-R-L ½ Shuffle Turn forward right  
3&4 R Step back, L Step close, R Step forward  
5,6 L Step forward, R Toe Touch forward  
7,8 R Step back, L Toe Touch back

## Charleston Steps, Heel-Toe Touches, ¼ Turn left

1,2 L Step forward, R Toe Touch forward  
3,4 R Step back, L Toe Touch back  
5,6 L Heel Touch forward, L Toe Touch back  
7,8 L Step & ¼ Turn left, R Touch close

**Repeat**