

Sidewinder Swing (P)

Count: 36 Wall: 4 Couple Dance

Choreographed by Sue & Ian Ray

Music: Tryin to get to New Orleans - The Tractors

Couple standing side by side [man on lady's left, holding right hands in front]

The steps to this dance are based loosely on east coast swing steps, The step pattern throughout this dance consists of triple steps and rock steps, ie Right triple - Right to side left next to right, right to side[3 steps on 2 beats of music as in shuffles and Cha Cha, making sure steps are small] Reverse pattern for left triple

This Dance was choreographed for the Buffalo's One Day Workshop ,Easter 1995

	MANS STEPS	LADY'S STEPS
1&2-	L-R-L Triple Step	R-L-R Triple Step
3-4	R-L Rock back	L-R Rock back
5&6	R-L-R Triple Step	L-R-L Triple, passing diagonally to L, in front of man turning 1/4 right, going under gents R arm
7-8	L-R Rock back	R-L Rock back [now at right angle to gent]
	SIDE By SIDE POSITION [Sweetheart]	
9&10	L-R-L Triple turning 1/4 left into side by side	R-L-R Triple turning 1/2 left into side by side
11-12	R-L Rock back	L-R Rock back
	CROSSING HANDS	
13&14	R-L-R Triple on spot, raising L hand over lady's head end up facing lady hands crossed L hands on top	L-R-L Triple Fwd turning 1/2 right, still holding hands, raise L hands over lady's head finish facing man, hands crossed, Left hand on top
15-16	L-R Rock back	R-L Rock back
	HAIRBRUSH	
17&18	L-R-L Triple towards lady, sweeping L hand up & over lady's head, Releasing hold at back of lady's head. Resume hand hold under right	R-L-R triple towards man, sweeping L hand up & over lady's head, Releasing hold at back of lady's head, Resume hand hold under R
19&20	R-L-R Triple on Spot, sweeping R hand over lady's head, releasing hold at back of head	L-R-L triple Sep on Spot, sweeping R hand over lady's head, releasing hold at back of head
21-22	L-R Rock back, release L hand & pick up lady's L with man's R & lady' L with mans R	R-L Rock back, release L hand & pick up mans L with lady's R & mans R with lady's L
	BOW [arm movement]	
23&24	L-R-L Triple left, still holdng hands lift L hand & lower behind head then release	R-L-R Cross shuffle left still holding hands, lift L hand & lower behind head then release
25&26	R-L-R Cross shuffle left, sliding R hand down lady's R arm	L-R-L Triple Step left away from man, sliding R hand down his R arm
27-28	L-R Rock back, catching hold of lady's R hand with man's R hand	R-L Rock back, catching hold of man's R hand with lady's R hand
	SIDE By SIDE POSITION [Sweetheart]	Lady Turns
29&30	L-R-L Triple right into side by side	R-L-R triple Fwd turning 1/2 left, back beside man into side by side
31-31	R-L Rock back	L-R Rock back
33&34	R-L-R Triple on the spot, Release L hands	L-R-L Triple turn full right, Release L hands,
35-36	L-R Rock back	R-L Rock back
	Repeat	